

805 LIVING

OCTOBER 2013

FIT FOR FALL

Mind, Body & Soul

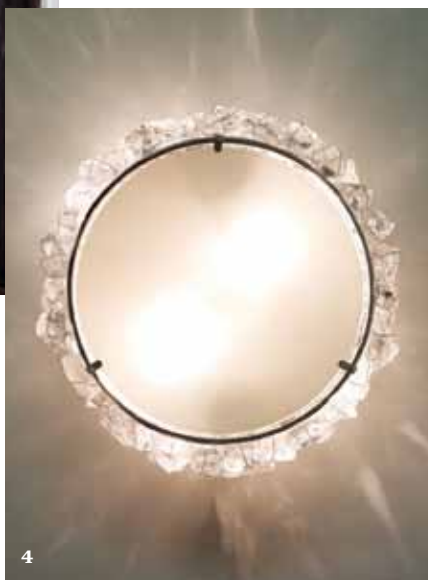




FEEL-GOOD FURNISHINGS

Foster peace and well-being in every room of the house.

BY MALLORY McCREARY



1. NATURE PRINTS can be calming—but sophisticated, too? *Sprouting Golden Wheat Field* (from \$6,400), *Marrakech Sunset* (from \$5,800), and *Turks Water* (from \$6,400) are all photographed by Bonnie Edelman; Design Within Reach Studios, Santa Barbara, dwr.com.

2. In an impressive array of mood-boosting colors, the ergonomic **HUMAN SCALE DIFFERENT WORLD OFFICE CHAIR** (\$779) automatically adjusts—without knobs or levers—as you move; Room & Board, Culver City, roomandboard.com.

3. True indoor-outdoor living is easy with custom **BIFOLD PATIO DOORS** (from \$800 per lineal foot) in Douglas fir from Ventura-based AGMillworks; Agoura Sash and Door, Westlake Village, agourasash.com.

4. Rock crystal, a byproduct of glassblowing that would otherwise be trashed, is beautifully repurposed in the 14-inch-diameter **CORONA WALL SCONCE** (\$2,850) from C L Sterling & Son; available through Linda Chase Associates, lindachaseassociates.com. >



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5. Stunning natural sandstone is hand-carved into the sculptural **CONO VESSEL SINK** (\$1,050) from Stone Forest; Ferguson, Santa Barbara, ferguson.com.

6. **INTENTIONS LINENS** 300-thread-count Egyptian cotton luxury bedding (queen duvet and shams, from \$550; queen sheet set, \$535) is woven with soothing words to help prescribe a good night's sleep as soon as your head hits the pillow; Rooms & Gardens, Santa Barbara, roomsandgardens.com.

7. Start mornings on the right note with Kohler's **STEREOSTIK MEDICINE CABINET AUDIO ADD-ON** (\$275). The AM-FM radio with a jack for an MP3 connection makes bathroom rituals rock; Warehouse Discount Center, Agoura Hills, Moorpark, and Santa Barbara; wdcappliances.com.

8. ThermaSol's **NO TOUCH MODERN AROMATHERAPY STEAM HEAD** (\$215) and the **ESSENTIAL OILS THREE-PACK** (\$56) infuse daily showers with calming lavender, stimulating eucalyptus, or anxiety-chasing bergamot; Ferguson, Santa Barbara, ferguson.com.

DON'T MISS the L.A. Mart Design Center's "All-Access Wednesday" on October 30 from 12 p.m. to 7 p.m., when more than 25 designer home furnishings showrooms that are usually open only to designers will be open to the public for discounted shopping on orders and floor samples. ♦